



The Center

for Integrative Counseling
and Psychology

*Formerly Pastoral Counseling Center.
New name. Same mission.*

**CORNER
STONE** **20
20**

A TIME TO BUILD

Cornerstone of hope

A cornerstone for mental health, hope and well-being since 1968, The Center for Integrative Counseling and Psychology, formerly Pastoral Counseling Center, has been on the frontlines of healing the hurt and changing the mental health care landscape. Though we have a new name, we have the same mission. Our new name reflects our continued integration of spirituality in our counseling and services and our integration within communities making mental health care accessible.

With your partnership, we are transforming how communities promote health and wholeness in everyday life.

Our Mission: To provide accessible, high-quality counseling, training, psychological evaluations, and educational testing that equips people to grow through life's changes and challenges.

Our Vision: That people across communities can be self-aware, mindful and resilient to reach the potential of who they were created to be.

Offering healing growth

Mental health is the crisis of our time. It impacts one's ability to work, go to school and have healthy relationships. Regardless of age, socio-economic status or background, we all have a mental health story – past, current or future.

The Center has been a part of these stories for more than **50 years**, helping people in crisis and relational turmoil regain order and hope in their lives – from trauma, marital conflict, abuse, children struggling at school, addiction, suicide, to loss.

Our work intersects every major part of our lives – education, work, physical health, and faith. We collaborate across sectors of society – churches/faith communities, health care systems, businesses, schools from Pre-K to universities, and community nonprofits.

While physical health is viewed as more tangible than mental health, there's an increased understanding that mental health is essential to one's well-being.

Geographic reach

Committed to building communities that nurture mental health and well-being, we span six counties with 30+ locations in North and Central Texas, including our Central Office and a network of offices in churches, nonprofits and physician offices.

We provide counseling where people live, work, play, and pray.



Collective impact

With our expansive geographic reach and our innovative, extensive collaborations, we serve many through the counseling, assessments and education we offer.



In 2019, we provided 26,000+ counseling sessions



Served 3,500+ children, teens and adults with counseling and assessments



Led workshops and mental health education for 7,000+ individuals



Children and families living in poverty who have experienced trauma and depression receive care through our innovative frontlines Partnerships for Accessible Counseling and Training (PACT) program at 11 nonprofit locations.



Collaborations

By strategizing and providing services and training for groups who advocate for mental health care accessibility, we open the conversation and work to remove the stigma of mental illness.

Our collaborators include:

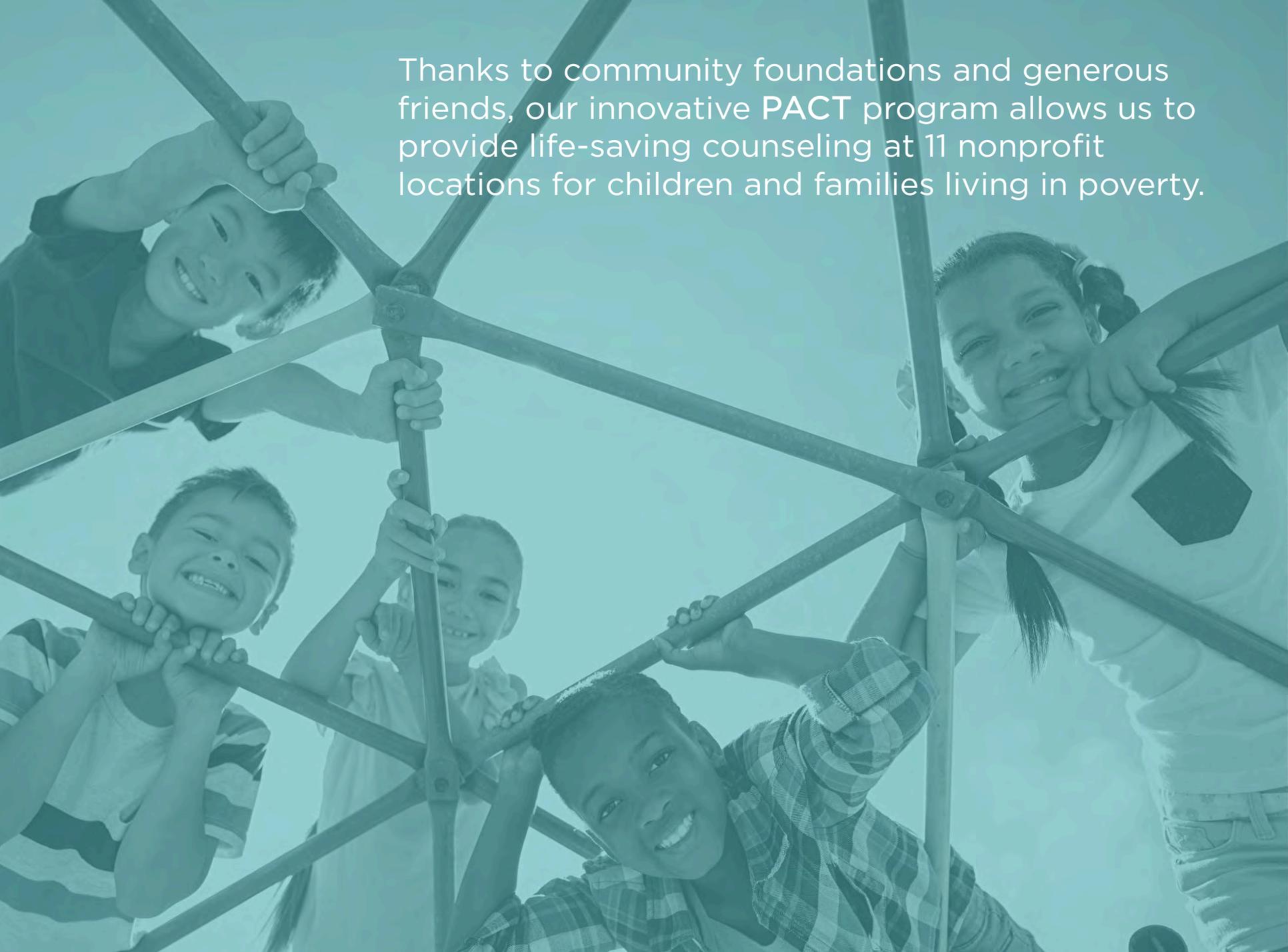
- Meadows Mental Health Policy Institute
- Texas Health Resources Well Together Project
- UT Southwestern Medical Center/VitalSign⁶
- The Center for BrainHealth
- School Districts including Dallas ISD and Highland Park ISD
- SMU's School Zone of the Budd Center
- The Grant Halliburton Foundation
- Mental Health America



We're better together. Through our **PACT** (Partnerships for Accessible Counseling and Training) program, we provide counseling for children and families living in poverty integrated within other nonprofits. By addressing mental health, we help our **PACT** partners' care for the whole person for a sustained, generational impact.

PACT Partners on mission with us:

- Brother Bill's Helping Hand
- North Dallas Shared Ministries
- Trinity River Mission
- Buckner's Family Hope Centers in South Dallas, West Dallas and the Bachman Lake area
- West Dallas Community School
- Wesley Rankin Community Center
- Incarnation House
- Lake Pointe Church's Lake Rockwall Estates Community Center
- The Salvation Army's Pleasant Grove Corps Community Center

A group of diverse children, including a girl in the top left, a boy in the bottom left, a girl in the bottom center, and a girl in the top right, are smiling and holding onto a wooden structure made of intersecting beams. The image has a light blue tint. The text is overlaid in the upper right quadrant.

Thanks to community foundations and generous friends, our innovative **PACT** program allows us to provide life-saving counseling at 11 nonprofit locations for children and families living in poverty.



The demand for our services is at an all-time high.

Located at our current Lemmon Avenue home since 1986, The Center is ready to increase our capacity and enhance how we care for people. This includes a new Central Office purposefully designed to serve our immediate community and to be a “**mental health care hub**” that supports our work across North and Central Texas.

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A TIME TO BUILD

The Center has an extraordinary opportunity to build on its rich history. We have purchased and are ready to build out and renovate a new Central Office designed for today and the next 50 years.

The Center's new home will be the most important step we will take toward advancing mental health care in 2020 and beyond - giving all people access.



The Center

Children and Family

Training and
Education



Main
Building

Garden

Cornerstone for well-being

Our new Central Office has been purchased debt-free. It's ready for remodeling to create therapeutic, dedicated, well-equipped spaces for counseling and assessments, services for youth and families, and training and education along with an inviting, peaceful garden.



Main Building

The Central Office will be an oasis for healing, learning, gathering, and growing – a central “mental health care hub” for our clinicians, clients and the community.

The ground-level entrance will be welcoming to children and easily accessible for those with disabilities and the elderly. Our new space will:

- **Empower** those we serve with hope and healing through counseling and assessments
- **Equip** therapists and psychologists serving at our Central Office, Network Offices and PACT nonprofit partner locations
- **Educate** the community and our partner organizations
- **Train** clinicians in providing quality, compassionate therapy and psychological services



Centrally located

The new location is ideal with close proximity to our current location for continuity of care. Without missing a beat, we will continue serving our community at our Central Office and continue to provide counseling across North and Central Texas in our Network Offices - offices located within 15 church partners and four physicians' offices.

For the uninsured and those living in poverty, we will continue to provide counselors at our 11 different, primarily faith-based, PACT partners while remaining centrally located to these locations.



Therapeutic design

The 10K-square-foot building will be designed with therapeutic child-friendly spaces for children, teen and families, welcoming and accessible surroundings, and well-equipped training facilities for the professional development of our clinicians and the training of new clinicians needed to meet the demand for quality counseling.

Our staff of mental health professionals, who are on the frontlines of healing the hurt, will have a space to be equipped and replenished.



This mid-century gem is tucked away near our existing offices off Lemmon Ave. It peacefully welcomes guests with beautiful, mature Live Oak trees, a garden area, and walkable sidewalks with easy in-and-out access. This stand-alone property allows us to create a space all our own.



Location and curb appeal: Immediately upon arrival, clients and guests will feel a sense of calm, comfort and peace. There is abundant parking, outdoor space, covered walkways, and wrap-around sidewalks.



Training and Education Center
(renderings for presentation purposes only)

Malone Maxwell
Borson Architects

WWW.AMBARCHITECTS.COM

214-969-5440

718 NORTH BUCKNER BLDG.

SUITE 400

DALLAS, TEXAS 75211



Training and Education

Training and Education Center

With this training space, comfortable furnishings and up-to-date technology, we can advance the quality of our clinical services and educate the community about mental health.

- Training room with audio/visual equipment for presentations that will also be used for video conferencing for meetings and training
- Kitchen equipped for hosting educational events and offering a place where staff may gather, recharge and take a break from the emotional work they do
- Furnishings for a flexible space accommodating a variety of training formats and continuing education





Malone Maxwell
Borson Architects

One of three play/activity rooms in the Children, Teen and Family Center
(renderings for presentation purposes only)



Children and Family

Children, Teen and Family Center

Children and teens will have the perfect environment to learn, heal and grow to the reach their potential.

- Three inviting, well-equipped Play and Activity Rooms for therapy for children and teens
- Assessments room for educational and psychological testing for children, teens and adults
- Observation suite with a one-way glass window for parent education, innovative therapy and training
- Designated waiting room for children, teens and families
- Comfortable counseling offices for our psychologists and therapists who work with children and teens
- Dedicated restroom for children



The Center



MaloneMaxwell
BorsonArchitects

Reflection and Gathering Garden
(renderings for presentation purposes only)



Reflection and Gathering Garden

The garden will warmly welcome all who visit letting them know the minute they arrive that The Center is a place where they can be restored and renewed.

- An oasis flanked by a grove of mature Live Oak trees, tucked behind a main street, yet private and separate from other buildings
- Peaceful grounds with ample space to create a reflection garden with a water feature that welcomes those coming to our Central Office
- Outdoor space that will provide a gathering place for clients, children, families, and staff
- Thoughtfully designed landscaping with drought-resistant perennials



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On behalf of the clients, Board, leadership, staff, and community partners at The Center, thank you for praying and investing in our mission. We can't do this work without your partnership.

Together, we can to continue to be a cornerstone of healing, hope and restoration – *and strengthen our impact.*

Our future home:
4305 MacArthur Ave.
Dallas, Texas 75209

Providing counseling where people live, work, play, and pray.

Thank you for investing with
us to impact families now
and generations to come.



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A TIME TO BUILD

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Honorary Chair Sue Maclay

Honorary Chair Sue McCoy

The Board, staff and Cornerstone Campaign Leadership Team will be pleased to discuss gift opportunities with any interested persons. Donors may be individuals/families, corporations, and philanthropic foundations. All donations are tax-deductible.



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